

**There are Macmillan Information and Support Centres across the area. Here's how to find us:**

### **University Hospital of North Durham**

Outpatients Department  
North Road, Durham DH1 5TW

☎ 0191 333 2815

✉ [cdda-tr.macmillancddft@nhs.net](mailto:cdda-tr.macmillancddft@nhs.net)

### **Darlington Memorial Hospital**

Main Entrance  
Hollyhurst Road, Darlington DL3 6HX

☎ 01325 743008

✉ [cdda-tr.macmillancddft@nhs.net](mailto:cdda-tr.macmillancddft@nhs.net)

### **Bishop Auckland Hospital**

Outpatients Department  
Cockton Hill Road, Bishop Auckland DL14 6AD

☎ 01388 455230

✉ [cdda-tr.macmillancddft@nhs.net](mailto:cdda-tr.macmillancddft@nhs.net)

### **Macmillan Information Outreach Point**

Chester-le-Street Community Hospital

☎ 0191 387 6303

We aim to staff the centres Monday to Friday 10am to 4pm (excluding Bank Holidays), however please call before making a special journey. The outreach point is only manned infrequently.

📍 [cddft.nhs.uk/our-services/division-of-clinical-support-services/cancer-information-and-support/macmillan-information-centres](http://cddft.nhs.uk/our-services/division-of-clinical-support-services/cancer-information-and-support/macmillan-information-centres)

📘 Find us on Facebook [www.facebook.com/MacCDDFT](https://www.facebook.com/MacCDDFT)

We're here to help everyone with cancer live life as fully as they can, providing physical, financial and emotional support. So whatever cancer throws your way, we're right there with you. For information, support or just someone to talk to, call 0808 808 00 00 or visit [macmillan.org.uk](http://macmillan.org.uk).

**MACMILLAN**  
**CANCER SUPPORT**  
RIGHT THERE WITH YOU



**Macmillan Information and Support Centres in County Durham and Darlington**

In partnership with

County Durham and Darlington   
NHS Foundation Trust

## Who we are

When you're living with cancer having the right kind of information and support, at the right time, is essential. At our local information and support centres, you'll find a team of experts and trained volunteers on hand to answer your questions.

You don't need an appointment to speak to or visit our centres and you're welcome whether you have a cancer diagnosis, are worried about cancer or are visiting on behalf of a friend or relative.



## How we can help

### All our centres provide the following:

- literature on all aspects of living with cancer
- internet access to guide people to appropriate information resources
- opportunity to talk to someone in a private, comfortable quiet room
- for people who are unable to visit us in person, information and support can be provided over the phone, followed by written information posted directly to the home.

### We also offer:

- access to benefits advice
- links to the clinical teams treating certain cancers
- links to local and national support services
- referral to other support services
- signposting to self help support groups
- links to other voluntary and statutory agencies
- cancer awareness information
- bra clinics for women with breast cancer
- headwear service
- Look Good Feel Better classes.

Services are provided in partnership between Macmillan Cancer Support and County Durham and Darlington NHS Foundation Trust.