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Request for Information Reference: 06.22.21

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Email only

14<sup>th</sup> June 2022

### **Freedom of Information Act 2000 – Request for Information**

Thank you for submitting a request for information which we received on 13<sup>th</sup> June 2022 in relation to County Durham and Darlington NHS Foundation Trust (the Trust). Your request has been processed under the provisions of the Freedom of Information Act 2000 and I am now able to provide you with a response.

Your request was in relation to sleep apnoea and I am providing the following information in response to your specific questions:

**Please could you answer the following questions on the attached spreadsheet. Could you provide the information individually for:**

- **Darlington Memorial Hospital - The Department of Thoracic Medicine, Sleep Service**
- **University Hospital of North Durham - The Department of Thoracic Medicine, Sleep Service**

- 1. How many Obstructive Sleep Apnoea home sleep studies do you perform per week? (approx.)**
- 2. In your Sleep and Respiratory Services which diagnostic methods (not brand) do you routinely use (first-line) for the diagnosis of Obstructive Sleep Apnoea? (e.g. Polysomnography, polygraphy, Oximetry) (Could be multiple choice)**
- 3. For the diagnosis of Obstructive Sleep Apnoea, which manufacturer's technology do you use? (e.g. ResMed, Nox, Nonin, Watch PAT Itamar) (Could be multiple choice)**

4. For sleep apnoea home sleep studies, how do you most commonly provide diagnostic equipment to patients? (e.g. Patient collects, courier, combination)
5. In your service, please indicate the approximate percentage (%) of new patients who are setup with a CPAP device via:
6. During the first 90 days of CPAP therapy, on average how many times do you proactively follow-up with patients to support them?
7. For the ongoing management of compliant Obstructive Sleep Apnoea patients, what is your most common follow-up process? (e.g. scheduled virtual follow-up, scheduled face to face follow up, reactive)
8. How do you most commonly distribute CPAP consumables and accessories (masks, tubing etc.) to patients? (e.g. Patient collects, post)

Please see the spreadsheet that you requested to be completed attached, broken down by hospital. Where the questions have multiple choice answers, the Trust's answers are indicated in bold.

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log on the Trust's website. However please be assured that we anonymise all responses prior to adding them to the disclosure log.

I hope that this response has provided you with the information you had requested. If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me by telephone or in writing. If however, you are dissatisfied with the way in which your request has been handled and would like an internal review, you will need to contact me in writing at the above address or via [cdda-tr.cddftfoi@nhs](mailto:cdda-tr.cddftfoi@nhs).

If you remain dissatisfied with our response following an internal review you have the right to appeal to The Information Commissioner at Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. More information is available on their website; [www.ico.gov.uk](http://www.ico.gov.uk).

Yours sincerely  
**Corporate Records and Freedom of Information Facilitator**