

## Questions

## Answers

DMH

1 How many Obstructive Sleep Apnoea home sleep studies do you perform per week? (approx.)

30 crossed Darlington Memorial Hospital and Bishop Auckland General hospital

2 In your Sleep and Respiratory Services which diagnostic methods (not brand) do you routinely use (first-line) for the diagnosis of Obstructive Sleep Apnoea? (e.g. Polysomnography, polygraphy, Oximetry) (Could be multiple choice)

Polysomnography  
Polygraphy  
Peripheral Arterial Tonometry (PAT)  
Oximetry

Other (please state) **Limited polysomnography**

3 For the diagnosis of Obstructive Sleep Apnoea, which manufacturer's technology do you use? (e.g. ResMed, Nox, Nonin, Watch PAT Itamar) (Could be multiple choice)

**ResMed**  
**Nox**  
Nonin  
Minolta  
Watch PAT (Itamar)  
Somnomedics (S-Med)  
BMC  
Sefam  
Philips  
Visilab  
Other

4 For sleep apnoea home sleep studies, how do you most commonly provide diagnostic equipment to patients? (e.g. Patient collects, courier, combination)

**The patient (or representative) picks up and drop off from the clinic**  
Sent via courier, pickup and drop off  
Combination of in-person and courier (patient preference)  
Via third party service provider  
Other

5 In your service, please indicate the approximate percentage (%) of new patients who are setup with a CPAP device via:

|  |      |
|--|------|
| Face to face setup (patient in hospital)                                   | 100% |
| Virtual telephone/video call setup (patient at home)                       | 0%   |
| Self-guided, using instructions provided with the device (patient at home) | 0%   |
| Via third party service provider   | 0%   |
| Other (please state)   | 0%   |

6 During the first 90 days of CPAP therapy, on average how many times do you proactively follow-up with patients to support them?

0  
1  
**2**  
3  
4  
5

6 For the ongoing management of compliant Obstructive Sleep Apnoea patients, what is your most common follow-up process? (e.g. scheduled virtual follow-up, scheduled face to face follow up, reactive)

PIFU (patient initiated follow up) / Active discharge  
Scheduled face to face follow-up  
**Scheduled virtual follow-up (telephone/video call)**  
No follow ups offered  
Other (please state)

7 How do you most commonly distribute CPAP consumables and accessories (masks, tubing etc.) to patients? (e.g. Patient collects, post)

**Patient collects from the clinic**  
**Via post / courier**  
Third-party service provider  
Other (please state)