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Darlington  
DL3 6HX  
Switchboard Tel: 01325 38 0100  
Foundation Trust Office: 01325 74 3625  
Corporate Records Office: 01325 74 3700

Request for Information Reference: 09.22.27

FOI Direct line: 01325 743700  
Email: [cdda-tr.cddftfoi@nhs.net](mailto:cdda-tr.cddftfoi@nhs.net)

Email only

16<sup>th</sup> September 2022

### **Freedom of Information Act 2000 – Request for Information**

Thank you for submitting a request for information which we received on 14<sup>th</sup> September 2022 in relation to County Durham and Darlington NHS Foundation Trust (the Trust). Your request has been processed under the provisions of the Freedom of Information Act 2000 and I am now able to provide you with a response.

Your request was in relation to Mental Health Services and I am providing the following information in response to your specific questions:

- 1. Please can you provide information on the current wait time to access mental health services in your Trust, by the number of days/weeks between initial referral to receiving the support.**
- 2. Please can you provide information on how many people are currently on your waiting list to access mental health support?**
- 3. Please can you also provide the number of referrals to mental health services made for young adults aged 16-25:**
  - a) Per month for 2022 (year to date), 2021, 2020, 2019, 2018**
    - i. If a breakdown by month is not possible, please provide a breakdown by year or year to date**

The Trust does not provide mental health services. Tees Esk & Wear Valley Foundation Trust should be the first point of contact for this information. If you wish to contact Tees Esk & Wear Valley Foundation Trust, we would advise, in accordance with Section 16 of the Act (duty to provide advice and assistance), that you contact that organisation via the following address:

Trust Secretary's Department  
West Park Hospital  
Edward Pease Way  
Darlington  
DL2 2TS

Email: [tewv.foi@nhs.net](mailto:tewv.foi@nhs.net)

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log on the Trust's website. However please be assured that we anonymise all responses prior to adding them to the disclosure log.

I hope that this response has provided you with the information you had requested. If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me by telephone or in writing. If however, you are dissatisfied with the way in which your request has been handled and would like an internal review, you will need to contact me in writing at the above address or via [cdda-tr.cddftfoi@nhs](mailto:cdda-tr.cddftfoi@nhs).

If you remain dissatisfied with our response following an internal review you have the right to appeal to The Information Commissioner at Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. More information is available on their website; [www.ico.gov.uk](http://www.ico.gov.uk).

Yours sincerely  
**Corporate Records and Freedom of Information Facilitator**